



Commitment to Participate in NWFF Program

I agree to participate in and use the New Ways for Families TM method in my skill-building counseling sessions through the Institute for Couple and Family Enhancement.

I agree to the following specific terms:

1. I will attend and participate in six individual parent counseling sessions which are focused on the material and exercises provided in the New Ways for Families TM Parent Workbook.
2. I understand the New Ways Individual Parent Counselors are confidential and cannot be called to court to give observations, recommendations, or write a report. I understand this counselor will provide only a Certificate of Completion.
3. I will not make any audio or video recording of any NWFF Sessions, including the Intake Session, the Parent Counselor Sessions or the Parent-Child Sessions.
4. I will get my NWFF workbook before my first individual parent session.
5. I will write all of the exercises in the Parent Workbook when asked to do so and I will discuss them with my Counselor.
6. I will complete the six NWFF individual parent counseling sessions by: _____
7. I will attend and participate in three Parent-Child Skill Building Counseling sessions which are focused on the material and exercises provided in the New Ways for Families TM Parent Workbook.
8. I understand the NWFF Parent-Child Counselors are not confidential. I understand the Parent-Child Counselor, the other parent, and I work with may share observations about my sessions and the other parent's sessions with our children.

9. I understand our Parent-Child Counselor may discuss any issues addressed in the Parent-Child sessions with my Parent Counselor or the other parent's Parent Counselor if they think this is of assistance to our family.
10. I understand our Parent-Child Counselor may share observations from my Parent-Child sessions and/or the other parent's Parent-Child sessions with our attorneys and court officials involved in our civil case. I understand the Parent-Child Counselor will not make a custody recommendation to attorneys or the court.
11. I understand that I and the other parent are responsible to pay our Parent-Child Skill Building Counselor's professional fees accumulated due to communication with attorneys, court appearances, and other activity related to our legal case.
12. I will complete three Parent-Child Skill Building Sessions for NWFF by: _____
13. I will make my best effort to learn to use flexible thinking, managed emotions, and moderate behaviors in my communication with the other parent and with our children, and in my communication with the other parent in making our decisions and in parenting our children.
14. I understand that data from New Ways clients, including demographic information and questionnaires completed, will be utilized to evaluate the program's effectiveness and identify areas for improvement. Researchers, including potentially researchers outside of ICFE, may analyze client data; client names and any identifying information will be removed to ensure that research data are anonymous. I may email davenport@icfetx.com if I have questions about research being conducted with the New Ways program, or if I want to receive information about research findings.

Initial: _____

Client Name: _____

Client Signature: _____

Date: _____