

## Rates and Fees for Services

It is important for clients to understand our fees and policies. Most ICFE therapists are private pay only. Some ICFE therapists are in-network providers with designated insurance companies. Private pay costs for services for all ICFE providers are summarized in this document.

### Private Pay Therapists:

#### Becky R. Davenport, Ph.D. LMFT-S

Individual psychotherapy (50 minute session) .....	\$175
Individual psychotherapy (90 minute session) .....	\$265
Child-focused (under 18) family therapy (50 minute session) .....	\$175
Family therapy (50 minute session).....	\$200
Couples therapy (50 minute session) .....	\$225
Couples therapy/discernment counseling (90 minutes) .....	\$340
Couples therapy/discernment counseling (2 hour) .....	\$450
Court-ordered/Court-involved therapy* (50 minutes) .....	\$225

#### Melissa McVicker, Ph.D., LMFT

Individual psychotherapy (50 minute session) .....	\$160
Individual psychotherapy (90 minute session) .....	\$240
Family therapy (50 minute session).....	\$160
Couples therapy (50 minute session) .....	\$160
Couples therapy (90 minute session) .....	\$240

#### Allen Novian, Ph.D., LMFT-S, LPC-S, BCN

Individual psychotherapy (50 minute session) .....	\$175
Initial Session Fee .....	\$250
Family therapy (50 minute session).....	\$175
Couples therapy (50 minute session) .....	\$175
Neurofeedback Assessment costs: Typical Range of Neurofeedback Sessions: 20-40	
Quantitative Electroencephalograph (qEEG) and Review .....	\$750
Neurofeedback (1 session pay by session) .....	\$175
Neurofeedback (10 sessions prepaid) .....	\$1575
Neurofeedback (20 sessions prepaid) .....	\$2795

#### Erin Ross, Ph.D., LMFT, LPC

Individual psychotherapy (50 minute session) .....	\$175
Individual psychotherapy (90 minute session) .....	\$265
Family therapy (50 minute session).....	\$175
Couples therapy (50 minute session) .....	\$175

#### Renee Turner, Ph.D., LPC-S

Individual psychotherapy (50 minute session) .....	\$160
Individual psychotherapy (90 minute session) .....	\$225
Family therapy (50 minute session).....	\$160
EMDR (50 minute session).....	\$160

**Nicholas Wilkens, Ph.D., LMFT-S, LPC-S**

Individual psychotherapy (50 minute session) .....	\$160
Initial Session Fee .....	\$185
Family therapy (50 minute session).....	\$160
Couples therapy/discernment counseling (50 minute session) .....	\$160
Couples therapy/discernment counseling (90 minutes initial session) .....	\$185

**Jennifer Soos, MA, LMFT**

Individual psychotherapy (50 minute session) .....	\$160
Family therapy (50 minute session).....	\$160
Couples therapy (50 minute session) .....	\$160

**Jessica Potter, MA, LPC, LMFT**

Individual psychotherapy (50 minute session) .....	\$140
Family therapy (50 minute session).....	\$140
Couples therapy (50 minute session) .....	\$140

**Katie Keith MA, LMFT**

Individual psychotherapy (50 minute session) .....	\$140
Family therapy (50 minute session).....	\$140
Court-ordered/Court-involved therapy* (50 minutes) .....	\$200

**Ashley Wilkens, MA, LPC, LMFT**

Individual psychotherapy (50 minute session) .....	\$140
Individual psychotherapy (90 minute session) .....	\$210
Family therapy (50 minute session).....	\$140
Couples therapy (50 minute session) .....	\$140

**Susanna Kitayama MA, LMFT**

Individual psychotherapy (50 minute session) .....	\$130
Individual psychotherapy (90 minute session) .....	\$195
Child-focused (under 18) family therapy (50 minute session) .....	\$130
Family therapy (50 minute session).....	\$130
Couples therapy (50 minute session) .....	\$130
Couples therapy/discernment counseling (90 minutes) .....	\$195
EMDR (120 minute session).....	\$260

**Kaye Thomas, M.MFT., LMFT**

Individual psychotherapy (50 minute session) .....	\$125
Individual psychotherapy (90 minute session) .....	\$190
Family therapy (50 minute session).....	\$125
Family therapy (90 minute session).....	\$190
Couples therapy (50 minute session) .....	\$125
Couples therapy (90 minute session) .....	\$190

**Kristina Fields MS, LMFT**

Individual psychotherapy (50 minute session) .....	\$125
Family therapy (50 minute session).....	\$125

## **ICFE Associate and Intern Therapists:**

### **Valerie Ryse, MS, LMFT Associate**

#### **Supervised by Jason Northrup, Ph.D., LMFT-S, LPC-S**

Individual psychotherapy (50 minute session) .....	\$110
Individual psychotherapy (90 minute session) .....	\$165
Individual psychotherapy (2hr session) .....	\$220
Family therapy (50 minute session).....	\$110
Couples therapy (50 minute session) .....	\$110
Couples therapy/discernment counseling (90 minutes) .....	\$165
Couples therapy/discernment counseling (2 hour) .....	\$220

### **Emily Rolling, MA, LMFT Associate**

#### **Supervised by Becky Davenport, Ph.D., LMFT-S**

Individual psychotherapy (50 minute session) .....	\$110
Family therapy (50 minute session).....	\$110
Couples therapy (50 minute session) .....	\$110

### **Michael Smith, MS, LMFT Associate**

#### **Supervised by Becky Davenport, Ph.D., LMFT-S**

Individual psychotherapy (50 minute session) .....	\$110
Family therapy (50 minute session).....	\$110
Couples therapy (50 minute session) .....	\$110

### **Ally Yong, MA, LMFT Associate**

#### **Supervised by Becky Davenport, Ph.D., LMFT-S**

Individual psychotherapy (50 minute session) .....	\$65
Family therapy (50 minute session).....	\$65
Couples therapy (50 minute session) .....	\$65

### **Michelle Curtis, MMFT, LMFT Associate**

#### **Supervised by Becky Davenport, Ph.D., LMFT-S**

Individual psychotherapy (50 minute session) .....	\$50
Couples therapy (50 minute session) .....	\$50

### **ICFE Student-Intern**

#### **Supervised by Becky Davenport, Ph.D., LMFT-S**

Individual psychotherapy (50 minute session) .....	\$30
Family therapy (50 minute session).....	\$30
Couples therapy (50 minute session) .....	\$30

**In Network Therapists:** Client copayments collected on date of service based on client plan terms. Clients are responsible for all charges not covered by insurance, up to private pay rates listed below. Insurance coverage varies by plan, clients strongly encouraged to check directly with insurance provider to make sure services provided by the therapist below will be considered in-network.

**Jason Northrup, Ph.D., LMFT-S, LPC-S (In network provider with BCBS)**

Individual psychotherapy (50 minute session) .....	\$150
Couples therapy (50 minute session) .....	\$175
Discernment Counseling (Initial 2hr session).....	\$350
Discernment Counseling (Follow-up sessions 90 minutes).....	\$260

**Amanda Collins, MA, LMFT, RPT (In network provider with BCBS and United)**

Individual psychotherapy (50 minute session) .....	\$160
Individual psychotherapy (90 minute session).....	\$240
Child-focused (under 18) family therapy (50 minute session).....	\$160
Family therapy (50 minute session) .....	\$160
Court-ordered/Court-involved therapy* (50 minutes) .....	\$260

**Kirsten Northrup, M.MFT, LPC, LCDC, LMFT (In network provider with BCBS)**

Individual psychotherapy (50 minute session).....	\$140
Individual psychotherapy (90 minute session).....	\$195
Couples therapy (50 minute session).....	\$140
Couples therapy(90 minutes).....	\$195
Military Rate.....	\$100

**Lindsay Durham, MA, LMFT (In network provider with BCBS, Aetna, and United)**

Individual psychotherapy (50 minute session).....	\$125
Child-focused (under 18) family therapy (50 minute session).....	\$125
Family therapy (50 minute session) .....	\$125
Court-ordered/Court-involved therapy* (50 minutes) .....	\$200

**Tania Ortiz, MS, LMFT (In network provider with BCBS and United)**

Individual psychotherapy (50 minute session).....	\$125
Family/Couples therapy (50 minute session) .....	\$125

**No Surprises Act**

After an initial session, the therapist will discuss treatment options and potential treatment plans, including number of sessions, recommended to meet client therapy goals. In compliance with the No Surprises Act, ICFE therapist will provide a Good Faith Estimate (GFE) of costs to private pay clients, and the GFE will be updated in the event of a change in treatment plan or diagnosis. However, please be aware that fees per session only change (depending on therapist) based on the modality of services, not the diagnosis or treatment plan. Fees and cost for therapy are based on the time spent in therapy sessions. Clients may choose to stop therapy or transfer to a different therapist at any time. Therapy is voluntary and the client determine how many sessions they want to attend. Therapy clients should also be aware that many things outside the therapy session that impact how quickly therapy goals are met, and if the goals are met at all. The variables that impact the pace and effectiveness of psychotherapy include: clients' follow through on 'homework' and changes suggested in therapy, health of the clients'

support system, the severity and length of history of the problem being addressed, stressors unrelated to problem (such as employment, financial, extended family), clients' physical health and illness, and many other factors. Psychotherapy, and especially relational therapy focused on couple or family issues, is unlike treatment for most medical conditions where, after accurate diagnosis, a concrete and time-specific intervention can be recommended. ICFE therapists' goal is to be transparent regarding costs throughout the therapeutic process to ensure clients are fully informed and able to accurately anticipate costs for services.

\*Specific information about all costs related to court involvement are detailed in each therapist's informed consent document completed with clients prior to the first session. These fees are in addition to any costs for therapeutic services and are not considered in the Good Faith Estimate provided to clients. Clients are strongly encouraged to talk with their therapist in advance of any potential legal involvement. ICFE therapists' focus is on health and healing, not participation in legal matters.